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## FIGHT OR FLIGHT: A SURVIVAL GUIDE FOR 2016

When things go haywire, you can either stick it out or run for the hills. Here are the skills, gear, and shining examples you need in order to make it either way you go.



PLUS

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## MAROONED IN THE ARCTIC (WITH POLAR BEARS)

After a forced landing into the icy waters of the Arctic Circle, a Russian helicopter pilot could fit his remaining supplies in two hands: a few protein tablets and a half-liter of water. He pulled himself up onto an ice floe, but a polar bear soon joined him. He shouldn't have survived.

BY JUSTIN NOBEL



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## THE CABIN

When my friend died and I inherited his sawmill, I got the opportunity to mill my own logs to build my own house. And he, in a way, could help.

BY BEN HEWITT



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## THE ICE MEN

Each winter the Great Lakes transform into frozen obstacle courses, threatening a \$33.5 billion shipping business. For a small fleet of Coast Guard ships and their crews, clearing the way is as much about outthinking ice as it is outmuscling it.

BY TIM HEFFERNAN