

# **STUDY OF HUMAN ANATOMY LIMITATIONS IN TERM OF LOAD, SPEED AND DISTANCE FOR A TARGETED GROUP OF PEOPLE**

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## **ABSTRACT**

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This documentary reports the whole ideas and achievement of the project. This investigation concerned with design, ideas, with study research and implementing the chosen idea and design. This report contains every information of the investigation, starting with introduction of the investigation. After that, the result will take place follow by analysis and finally the conclusion. In the conclusion, the author wish to express his point of view with the out coming the result.