

Literature Study of the Effects of Deep Moxibustion Treatment on Tian Shu (ST25) Acupuncture Point in Treating Habitual Constipation

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ABSTRACT

The purpose of this study is to determine the therapeutic effects of the deep moxibustion therapy. Based on the features of deep moxibustion, it can treat chronic diseases, diseases that located in deeper region of body and aged intractable diseases. Hence, there are several disorders that fulfilled the scope of deep moxibustion therapy such as insomnia, habitual constipation, menstrual disorders, diarrhea, asthma, chronic gastroenteritis, rheumatism of muscles and joints, neurasthenia and etc.

In this study we are going to determine the effects of deep moxibustion treatment on Tian Shu (ST25) acupuncture point in treating habitual constipation. Habitual constipation affects our quality of life, causes stress, diminishes overall sense of well-being, and most importantly it is the main source of all diseases. In TCM, it is a disorders that mainly affect the Qi mechanism (ascending, descending, exit and enter movements of Qi) of the whole body, also known as a chronic visceral disease.

This research is to investigate the effects of deep moxibustion in treating the chronic visceral disease. Besides, it is to verify the feasibility of deep moxibustion on Tian Shu (ST25) acupuncture point, through systematic collection of literature on deep moxibustion and compilation of the clinical cases.