College grab seven golds

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s attracted Malaysia PIIT, Help ege, Monash dia Univerof Technology and Inti College Subang. Inti College taekwondo co-ordina-

Inti College tackwords co-ordinator Daniel Lee Ang said their performance was encouraging due to the intensive training programme drawn up by instructor Chee Hong.

The Inti College Taekwondo Club was formed two years ago with about 60 members. Several members had represented their states in the national age group championships. Training is held twice a week at the college.

"Chee Hong is the most experi-

enced exponent and was an inspiration to the trainees. Now, we are keen to compete at state and national level championships," Daniel said.

To prepare for state and national competitions, Inti College will send their exponents for invitational meets.

"We have competed in about 20 invitational competitions since the club was formed. We will be happy if our exponents are selected to represent the state in national competitions like Sukma," Daniel said.



