



Prof Marioles answering questions from the participants at Inti College.

# Boosting ties among colleagues

**D**OING its bit for workplace relationships recently was Inti College, with its Myers Briggs Type Indicator (MBTI) Awareness workshop. The MBTI is an interesting concept that groups people into 16 character types.

The objective is to help individuals understand themselves better and appreciate individual idiosyncrasies to further improve relationships in the workplace.

The personality instrument is used by many American co-operations and government agencies to identify the potential of each individual in order to enhance team performance, communications and organisational development.

Not surprisingly, the workshop

received overwhelming response from various organisations and private colleges. More than 50 participants from organisations such as the Malaysian Psychology Centre, The One Academy of Communication Design, Sedaya International College and Sunway College attended the workshop.

Conducted by a Licentiate Professional Counsellor, Prof Nancy Marioles from the US, the workshop gave participants the opportunity to mingle and interact while discovering more about themselves.

Conflict with colleagues and friends can be avoided if people take the initiative to understand those around them, Prof. Marioles told the participants.